



Have you registered for the Healthy Rewards app yet? It's easy!



1. Download the free Jiff app from the Google Play or Apple App Store. If you don't have access to a smartphone, you can create an account online at <https://app.jiff.com>. Your covered spouses can create an account to help you earn even more Healthy Rewards.
2. Activate your account by entering **Wellness** as your Jiff Token, your preferred email address, and a password.
3. Enter your date of birth (MM-DD-YYYY) and last name to verify your identity.
4. Access all of your healthy partners and sync your tracking device (like a Fitbit, Jawbone or the free Health app on your iPhone).

If you have any questions, contact Jiff via:

1. The app: Jiff Help Center
2. Email: support@jiff.com (Recommended for fastest response time. Please tell us which Business Unit you are a part of when initially writing in.)
3. Call: 1-844-432-0032, 8 a.m. to 9 p.m. Eastern Standard Time.

